

3D Making what you heard today come to life!

Discovered-write down one thing you discovered today that you didn't know before you came:

Yogurt in alfredo sauce

Dig-write down one thing from today's lesson that you really liked and might incorporate into your life:

Vegetables incorporated in
sauce

Ditch-write down one thing about today's lesson that you didn't like, don't care about, or won't use:

Avacados