

3D Making what you heard today come to life!

Discovered-write down one thing you discovered today that you didn't know before you came:

Stir fry is a healthy and quick meal to make.

Dig-write down one thing from today's lesson that you really liked and might incorporate into your life:

Cooking with raw ~~A~~ veggies

Ditch-write down one thing about today's lesson that you didn't like, don't care about, or won't use:

Finding another sauce to use besides Soy. Not a huge fan.