

Perceptions of Strength Training for Dancers at a Midwestern University

Abigail Boenig-Dombek

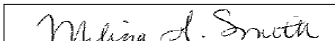
School of Exercise & Nutrition Sciences

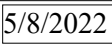
**Honors Research Project**

Submitted to


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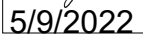
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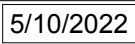
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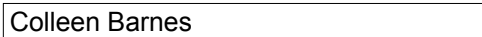


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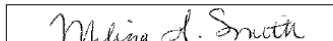
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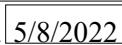
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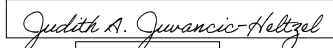


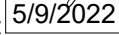
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Honors Department Advisor (signed)

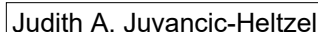


Honors Department Advisor (printed)



Date: 

Department Chair (signed)



Department Chair (printed)

