3D Making what you heard today come to life!

Discovered—write down one thing you discovered today that you didn’t know before you came:
- I learned about different foods.
- I’ve never heard of.

Dig—write down one thing from today’s lesson that you really liked and might incorporate into your life:
- I liked most of the food and the people as well.

Ditch—write down one thing about today’s lesson that you didn’t like, don’t care about, or won’t use:
- I don’t have one.

Lesson 6
Meatless in the Mediterranean